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ومراجعات ليالي الاختبار التواصل مع 50855808

للتسجيل في الدورات الحفورية

مذكرات قلب الأم

الصف

SAMA

المادة

العاشر

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Unit (1) We are what we eat الوحدة الاولى / طعامنا يحدد من نكون

Grammar

(Past Simple & Past Continuous / Adjectives)

A)) From a .	, b .	, c and o	d c	hoose	the	correct	answer	:
----	------------	--------------	-----------	-----	-------	-----	---------	--------	---

A) From a, b, c an	d d choose the correct	t answer :	
1-While Khalid	his lessor	n, he heard a terrible se	cream.
a. studied	b. was studying	c. studies	d. is studying
2- I turned the TV of	ff because the program	was	
a. bored	b. bores	c. bore	d. boring
3- I am reading a ver	y	book .	
	b. interested	c. interests	d. interest
	again .		
•	b. trying	c. try	d. tries
· ·	from Lo		
	b. arriving	c. arrived	d. will arrive
B) From a, b, and c	, choose the correct a	nswer as required:	
1- While John (sleep	p) last night, someone s	stole his car. (Correct the verb)
a. While John	slept last night, someon	ne stole his car.	
b. While John	was slept last night, so	meone stole his car.	
c. While John	was sleeping last night	, someone stole his ca	<u>r.</u>
2- I (listen) to my if	Pod, so I didn't hear the	fire alarm. (Correc	et the verb)
a. I was listeni	ng to my ipod, so I did	n't hear the fire alarm	:
b. I am listenin	ng to my ipod, so I dida	n't hear the fire alarm.	
c. I listen to m	y ipod, so I didn't hear	the fire alarm.	
3- While I (write) a	n email, the computer s	suddenly went off.	(Correct the verb)
a. While I am	writing an email, the co	omputer suddenly wer	nt off.
b. While I wri	te an email, the comput	ter suddenly went off.	
c. While I was	writing an email, the c	computer suddenly we	nt off.
4- What were you (d	(o) when you broke yo	ur leg? (Correct the verb)
a. What were	you doing when you b	roke your leg?	

متوفر شرح جميع المواد عبر تطبيق سما التعليمي مع مذكراتنا التي تسهل وتوفر عليك وقت المذاكرة وروا موقعنا على انستغرام وتابع اخر العروض القوية

b. What you were doing when you broke your leg?

Example:

- c. What are you doing when you broke your leg?
- 5- When the phone rang, she (iron) the clothes.

(Correct the verb)

- a. When the phone rang, she is ironing the clothes.
- b. When the phone rang, she has been ironing the clothes.
- c. When the phone rang, she was ironing the clothes.

Adjectives:

C) From a, b, c and d choose the correct answer:

Our new teacher was a man! a. young intelligent nice b. nice young intelligent c. young nice intelligent d. nice intelligent young Now, try to reorder the following adjectives: 1- My grandmother had abox. b. round small black wooden a. small round black wooden c. small wooden round black d. small black round wooden 2- The playroom has six tables. a. small plastic round b. small round plastic d. plastic round small c. round small plastic 3- This beautiful garden lacks a, coffee table. a. stone square gray b. stone gray square c. square stone gray d. square gray stone 4- While wandering down town, I met a friend. a. nice old Egyptian b. old nice Egyptian c. Egyptian old nice d. nice Egyptian old 5-beaches are just some of the attractions of Istanbul. متوفر شرح جميع المواد عبر تطبيق سما التعليمي مع مذكراتنا التي تسهل وتوفر عليك وقت المذاكرة وروا موقعنا على انستغرام وتابع اخر العروض القوية a. beautiful extended golden

b. golden beautiful extended

c. extended beautiful golden

Bothand Eitheror

d. beautiful golden extended

D) From a, b, and c, choose the correct answer as required:

- 1. Salem's family has bought a (little brick red) house. (Re-arrange adjectives)
 - a. Salem's family has bought a red little brick house.
 - b. Salem's family has bought a little red brick house.
 - c. Salem's family has bought a little brick red house.
- 2. Our cat has given birth to six (cloud white fluffy tiny) kittens.

(Re-arrange adjectives)

- a. Our cat has given birth to six cloud white tiny fluffy kittens.
- b. Our cat has given birth to six tiny cloud white fluffy kittens.
- c. Our cat has given birth to six fluffy tiny cloud white kittens.
- 3. Tom found a (**purple big amazing**) ring while he was swimming at the beach. (Re-arrange adjectives)
 - a. Tom found a big purple amazing ring while he was swimming at the beach.
 - b. Tom found a big amazing purple ring while he was swimming at the beach.
 - c. Tom found an amazing big purple ring while he was swimming at the beach.

Paired conjunctions

Neither nor Not only, but also							
E) From a, b, and	E) From a, b, and c, choose the correct answers:						
1. Terry liked both,	the movie	the play.					
a. and b. nor c. or d. either							
2. The actors were both engaging skillful in their performance.							
a. and	b. nor	c. or	d. either				

3. It was either la. and	Peter b. nor	his brother w <u>c. or</u>	ho received your message. d. either	
4. You can either dine	e in	order a take av	vay.	
a. and	b. nor	c. or	d. either	
5. The restaurant had a. and	neither fish b. nor	vegeta c. or	d. either	
F) From a, b, and c,	choose the corr	rect answer as requ	uired:	
1. The director wante	d the prize. He a	also wanted to get fa	amous.	
		(Join using:	Not only, but also)	
a. Not only did the di	rector want to w	in the prize, but als	o he wanted to get famous.	
b. Not only had the d	irector wanted th	he prize, but also he	wanted to get famous.	
c. Not only does the d	lirector want the	e prize, but also he v	vants to get famous.	
2. War causes destruc	ction. It also	creates hatred. (Join using:	Not only, but also)	
a. Not only does war	cause destructio	n, but also it creates	s hatred.	
b. War not only cause	ed destruction, b	out also it created ha	tred.	
c. Not only did war ca	ause destruction	, but also it created	hatred.	
3. This Toyota is econ	nomical. It feels		sing: Not only, but also)
a. This Toyota was no	ot only economic	cal, but also it felt g	good to drive.	
b. This Toyota is not	only economica	l, but also it feels go	ood to drive.	
c. This Toyota does n	ot only feel eco	nomical, but also it	is good to drive.	

4. I have known Osama as a teacher. I have known him as a father also.

(Join using: **not only.....**, **but also**)

- a. I know Osama not only as a teacher, but also as a father.
- b. Not only as a teacher, but Osama is a father too.
- c. Not only have I known Osama as a teacher, but also I have known him as a father.
- 5. Winds in South Australia are strong. They drive cars and trees.

(Join using: not only....., but also)

- a. Not only are winds strong in South Australia, but also they drive cars and trees.
- b. Winds were not only strong in South Australia, but also they drive cars and trees.
- c. Not only strong the winds in South Australia, but also they drive cars and trees.

VI- Set-book Questions:

A	4 1	C 11	•	4 •
Answer	the	tollow	ing (uestions:
		10110 11		or could in the

This were the following questions:
1- What are the different ways that may help improve our health?
Eating healthy food
pla.ying
2- How can we boost our immune system?
We can drink probiotic drinks.
3- Why is dark chocolate important in a healthy diet?
Becanje st can lower blood pressure
It is nich in antioxidants.
4- What are the disadvantages (cons) of a vegetarian menu?
mistroyq ni xacq ci t.t.
It. Jacks omega 3
5- What are the advantages (pros) of a vegetarian menu?

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v nich in tI	tamin s
Id is vich in fi	ber.
6- Why is green tea useful?/ Why do di	ieticians and doctors recommend having green
tea?	
Creen 7-ea is a	good antioxidant
8- What is the difference between "goo	d" and "bad" bacteria?
Good boxteria bo	
meanwhile bard bacte	ria can cause disease and infection
9- Why are antioxidants so good for ou	ır bodies?
Antioxidantukelpin	

Unit (1) We are what we eat الوحدة الاولى / طعامنا يحدد من نكون

V-Writing

Write on the following topic: (Expository)

Your food choices each day may affect your health, how you feel today, tomorrow, and in the future.

Plan and write an essay of 12 sentences (140 words) explaining what healthy diet should include and how we can stay in tip-top shape.

Outline

Introduction:
- Hot ? Hove you ever thought about the hilley
benefits of healthy diet?
stresse to sneder yours some them the Rest of the man to me of the season to make the season to
- Thesis: A healthy diet is good for fighting diene.
Parag. 1:
- We should have vitamins in our dict
- Nould cont. + 18 -
_ We should eat regetables ? fiber
Parag. 2:
- We must set healthy food
We must play sport.
_ We must have good sleep:
Conclusion:
- Opinion = Good
- By healthy diet, and only by healthy districe
Com live longer

Unit (1) We are what we eat الوحدة الاولى / طعامنا يحدد من نكون Writing

Howe you ever thought about the hidden
benefits of a healthy diet? In tumoit many
people are fait. Restaurant ave everywhere
First, a healthy diet should include many
things for example, we should have vitamins
eurollA. Azif too bluchz our toib vuc ni.
should eat vegetables, because they are
rich in fiber.
Second, we can stay in tip-top shape in
tros bluck & sw. , sigmex s vet
healthy food and get away from fait food
mealsAlso, we must play sport regularly.
Having good sleep is also important.
7 0
I worky whe say that I cooling or healthy

Unit (2) Respecting Cultures: الموحدة الثانية / احترام الثقافات

Grammar

(Present Perfect / Prepositions)

A) From a, b, c and d choose the correct answer:

1-	Everyone should	participate	saving	water and electricity.	
	a. for	b. off		d. in	
2-	To keep up	the lat	test news, I use th	e Internet daily .	
	a. with	b. at	c. for	d. to	
3-	According	the traft	ic laws, it's your t	fault. You stopped su	ddenly
wi	thout any warning				
	a. for	b. to	c. by	d. in	
4-	My father went to	work	he was sick		
	a. although	b. in spite of	c. desp	ite d. becaus	e
5-	Badr couldn't com	ne	his father is ill.		
	a. because	b. because of	c. so	d. although	ı
<u>B)</u>	From a, b, and c	, choose the correct	answer as requi	red:	
1-	NASA recently <u>d</u>	iscover that Mars h	nas two small moo	ons. (Correct the ve	rb)
	b. NASA had	been recently discove been recently discovered to	ered that Mars ha	s two small moons.	
2-	There are some co	mmon mistakes in t	hat book.	(Make negative)
	b. There are no	ne common mistakes o common mistakes ot common mistakes	in that book.		
3-	Sara (not complet	eed) her shopping ye	et!	(Correct the ve	erb)
	b. Sara hadn't	peen completed her completed her shop completed her shop	ping yet!		
4-	They have visited	the Hyde Park in Lo	ondon.	(Make a question	on)

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a. Where have they visited in London?

- b. What have they visited in London?
- c. What did they visit in London?
- 5- They (not finish) building the new bridge over the Ring Road yet.

(Correct the verb)

- a. They did not finish building the new bridge over the Ring Road yet.
- b. They do not finish building the new bridge over the Ring Road yet.
- c. They have not finished building the new bridge over the Ring Road yet.

Set Book Questions

Answer the following questions:

1- How does Kuwait participate in furthering the culture of peace?
Knwait hosts Conferences / We give donations.
2- Why is it important to respect and tolerate other faiths and people?
We must give respect to get respect.
3- In what way can we show respect to other cultures?
We can share in cultural events.
4- How can we create a peaceful society?
By furthering the culture of peace
5- What might happen if the culture of peace doesn't exist among people?
people.will.bave.more.wars.
6- How can countries show respect to other cultures?
They can take part in cultural events.
7- How should Muslims treat people of other faiths?
We should give respect to get respect.
8- How can we achieve tolerance and mutual understanding between nations?
Through holding conferences /events
9- What is diversity based on?
Diversity is based on accepting the difference.

Unit (2) Respecting Cultures: الوحدة الثانية / احترام الثقافات

The UN is trying hard to promote the culture of tolerance and mutual understanding. Plan and write an essay of 12 sentences (140 words) explaining why promoting tolerance and mutual understanding among people is important, and how it can be achieved.

Outline

introduction:
- Hook: Have you ever thought about the
importance of tokrance?
- Thesis: Tolerance is important for geacon
Parag. 1:
_ We can live in prace
- We can have more safety
- We can have a better future.
Parag. 2:
- spread the entire of peace
- hold conferences / events
give donations
Conclusion:
Loopinian = Moorigo
- By talerance, and only by tolerance, we
can live .

W Unit (2) Respecting Cultures: الوحدة الثانية / احترام الثقافات Writing

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Unit (3) Inspiring architecture: الوحدة الثالثة / فن العمارة

Grammar

(Comparatives and superlatives / Compound adjectives) A) From a b c and d choose the best answer:

1. Yesterday's match wasthan la	ast week's.					
a- interesting	b- more interesting					
c- most interesting	d- the most interesting					
2- Beaches of Kuwait are the ones I've ever seen .						
a. beautiful	b. more beautiful					
c. most beautiful	d. very beautiful					
3- Last night's movie is I have ever						
a. best b. better <u>c. the best</u>	d. good					
4- I can't find myjeans. Oh	my God, that's awful!					
a. most comfortable	b. more comfortable					
c. more comfortable than	d. the most comfortable					
5- Mona is a real genius. She isgirl in	our class.					
a. smartest b. the smartest c. smarter	d. more smart					
B) From a, b, and c, choose the correct answers as red	quired between brackets:					
1- Scientists make efforts for the benefit of all humanity.	(make passive)					
a. Efforts were made by scientists for the benefit f	or all humanity.					
b. Efforts are made by scientists for the benefit for	all humanity.					
c. Efforts are being made by scientists for the bene	efit for all humanity.					
2- They are good swimmers,	? (add a tag question)					
a. don't they?						
b. shouldn't they?						
c. aren't they?						

3. I will not come to the meeting tomorrow, Ali said.	(Report)
a. Ali said that he will not come to the meeting the	•
b. Ali said that he would not come to the meeting th	•
c. Ali said that he is not coming to the meeting the	next day.
4- English is not difficult. Chinese is difficult.	(Join by "asas")
a. English is not as difficult as Chinese.	
b. English was not as difficult as Chinese.	
c. English is as difficult as Chinese.	
5. Oranges are sweet. Mango is sweeter.	(Join by "soas")
a. Oranges were so sweet as mango.	
b. Oranges were not so sweet as mango.	
c. Oranges are not so sweet as mango.	
Language Functions	
Write what you would say in the following situations:	
1. Your friend is riding his motorbike without wearing	g a crash helmet.
That i wrong / dangerous	
2. Your friend smokes heavily.	
That I dangerous	
3. Your teacher says that smoking costs more than you ex	pect.
I agree / Tratifiqh	4
4. Your friend says that he is going mountain climbing.	
Be Careful / You should b	e careful.
5. A policeman stopped your friend for over speeding on	the ring road.
- You shouldn't over speed.	

Set-books

1. What are the benefits of building an airport near a residential area?
We can save fine
- We can have better services
2. How is the 360° Shopping Centre in Kuwait considered educational?
It has a cinema and other entertainment
facilities.
3. What are the disadvantages of building an airport in a residential area?
- Thurs will be more Ground.

Unit (3) Inspiring architecture: الوحدة الثالثة / فن العمارة V-Writing

Building a new airport adds a lot of services to the area.

Plan and write an essay of 12 sentences (140 words), explaining the advantages and disadvantages of building a new airport at Al-Wafra.

Outline

Thesis	:Building a new airfort in good because
Parag. 1:	we can have better services.
Advanta	ges = save time
	boast economy
	get better services
Parag. 2:	
Disadvan	tages = plinting
	cut down trees
Conclusion:	
Opinion.	= go.sd

Unit (3) Inspiring architecture: الوحدة الثالثة / فن العمارة

Writing

of building a new airport? In Knuait, a new airport in remote areas will be a good
it will solve many problems.
On the one hand, there are many advantage for example, it will save time. It will also boost economy. We can get better services in remote areas.
Do the other hand, there are some disdrantages. For example, we need to cut down trees in that area . Also, there will be more crowd . Crowd will sweely bring polly they
Finally, we say that building a new airport and only by building a new airport we will be part of the future.

Unit (4) Computer Games: الوحدة الرابعة ، ألعاب الكمبيوتر

Grammar

(The future tense / Present Continuous / the more...the more

\mathbf{A}	From	a,	b,	c,	and	d	choose	the	correct	answer:
--------------	------	----	----	----	-----	---	--------	-----	---------	---------

1- Look at the cloudy sk	y. Itrain.		
a. will 2. At the moment, Salen	b. is going upstairs.	c. will be	d. would
a. are sleeping 3bool		c. is sleepin	g d. slept
a. Whose	b. When	c. Where	d. Who
4. I was born	26 th August 1998.		
a. at 5F	b. on aleh was sick, he couldn't	c. in come to scho	d. from ool.
a. So	b. Because of	c. But	d. Because
6. The better your educa	tion is,	your op	portunities will be.
a. greater	b. the greater	c. greatest	d. the greatest
	rease in the streets, b. the better		
B) Do as shown between	en brackets:		
1- I <u>read</u> an interesting	story at the moment.		(Correct the verb)
	n interesting story at the mainteresting story at the maintenance of the story at the st		

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c. I have read an interesting story at the moment.

- 2- Look! Some girls **picking** flowers in the garden.
- (Correct the verb)
- a. Look! Some girls were picking flowers in the garden.
- b. Look! Some girls have picked flowers in the garden.
- c. Look! Some girls are picking flowers in the garden.
- 3- We **had** an English test next Saturday.

(Correct the verb)

- a. We have an English test next Saturday.
- b. We would have an English test next Saturday.
- c. We will have an English test next Saturday.
- 4- I am sure he **not be** late for the meeting tomorrow.

(Correct the verb)

- a. I am sure he is not late for the meeting tomorrow.
- b. I am sure he will not be late for the meeting tomorrow.
- c. I am sure he would be late for the meeting tomorrow.
- 5- We will having two computer courses soon.

(Correct the verb)

- a. We will have two computer courses soon.
- b. We have two computer courses soon.
- c. We had two computer courses soon.
- 6- Sara **going** to deliver her second baby soon in December. (Correct the verb)
 - a. Sara was going to deliver her second baby soon in December.
 - b. Sara is going to deliver her second baby soon in December.
 - c. Sara will go to deliver her second baby soon in December.
- 7- If you pay more, you'll get high quality goods.

(Use: " The more,.....the more")

- a. The more you pay, the higher quality goods you will get.
- b. The more you paid, the higher quality goods you will get.
- c. The more you pay, the higher quality goods you would get.

III. Language Functions: الوظائف اللغوية
Write what you would say in the following situations: 1. Your classmate asks you which university you intend to join.
I want to join Kuwait university
2. You want to use your friend's mobile phone.
3. You feel tired and you want to leave school.
Can I call my dud, plant.?
4. You want to express thanks to your friend who gave you a hand.
Thank you
5. You want an air ticket to London. Ask the booking clerk for one.
Con I book on ticket to London?
<u>Set-books</u>
IV. Set-books: أسئلة الكتاب
Answer the following questions:
1-What are the bad effects of playing computer games on young people?
It is bad for eyes
It is a waste of Fine.
2-What are the good effects of playing computer games on young people?
We can legen English
We can have fun
3- How do computer games look like nowadays?

They are more demanding

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They are more not turn listic

الوحدة الرابعة / ألعاب الكمبيوتر: Computer Games الوحدة الرابعة / **V-Writing**

"Computer games have become very popular among children nowadays." Plan & write an essay of not less than 12 sentences (140 words(explaining why it is not recommended to spend too much time playing computer games and how they can be used wisely

Outline

Introduction:	
-Hook i Have you ever thought about the pro	3
of playing computer games ?	
- Thesis: Computer games could be good, because	
we an get new skills.	
Parag. 1:	
promote violence	
_ bad for eyes	
Parag. 2:	
We can learn English	
We can make new friends	
Conclusion:	
	•
- By computer games, and only by compute	
deiner ur can hone Ina	

Unit (4) : Computer Games : الوحدة الرابعة / ألعاب الكمبيوتر Writing

playing compritue gomes. In In turnerit, many
Computer. somes. cond. be good be course we.
com get new akills.
Δ Δ
these games could be harmful. For example, it
is a worste of time. They could promote violence,
especially for children. Also, they could harm
the eyer and the back.
On the other hand, computer games could be
We com make new hatends. Also, we wan.
have fun.
Linally, we say that computer younes are
.god By compriter games, and only by compriter
gernes, we can learn new skills.

Unit (5) Sports Psychology: الوحدة الخامسة / روح رياضية

Grammar

(Questions and imperatives / Modal verbs { can, could, should, would }) A) From a , b , c and d choose the correct answer :

1- If	only you come on t	time, you	allowed in.	
	a. will be	b. would be	c. will	d. would have
2- It	was a failing shot, I	think you must	again.	
	a. to try	b. trying	c. try	d. tries
3- Ha		from London to		
	a. arrive	b. arriving	c. arrived	d. will arrive
4- Y		here. Don't you	-	
		b. not smokes	•	d. not smoke
5		lo you visit your grandpar		
		b. How often		d. How long
		choose the correct answ		
1- Tł	ne store is still close	ed and I don't know	it is going to	open!
	a Who	b. Where	c When	d Which
2- Tł		phone just rai		d. Willen
		1 3	5	
	a. who	b. whose	c. whom	d. which
3	d	lay do you prefer for a me	eting, today or tomo	orrow?
	a When	h Which	c Who	d. Where
4	a. When	b. Which time do you have to finis	sh the test?	d. Where
		. unit de jeu nave le ini		
	a. How many	b. How often	c. How much	d. How long
5- It	is too late. You	up earlier.		
	a. should woke		b. should have wo	ken
	c. should wake		d. should had wok	

C) From a, b, and c, choose the correct answers as required between brackets:

1- Fahad has failed his Math exam for the second time! He **should studied** better.

(Correct the underlined)

- a. he should study hard
- b. he should studied hard
- c. He should have studied hard

2- The basketball practice is on Monday and Thursday at 4:00 p.m. (Make a question)
a. Where is the basketball practice?
b. When is the basketball practice?
c. How is the basketball practice? 2. Very we have combine an Alandar (Malta a question)
3- Yes, we have aerobics on Mon day. (Make a question)
a. Did you have aerobics on Monday?
b. Do you have aerobics on Monday?
c. When did you have aerobics?
الوظانف اللغوية: <u>III-Language Functions</u> Write what you would say in the following situations :
1. Your friend is driving to Bahrain alone.
Take care Thats wrong
2. You want your friend to go with you to the cinema.
Let 7 go to the cinema
3. Someone wants to speak with your father on the telephone
1. Van alla la hatel hat the manufaction is harm
4. You called a hotel but the reception is busy
I will try again
5. Your little brother has gone out since the morning and you are worried.
May be he is lost?
المئلة الكتاب :IV-Set-books
Answer the following questions:
1- What is important about the Paralympics?
They are a good chare for the disabled to
projective their hobbies.
2- What skills (qualities) are important to any athletes whatever their abilities
are?

3- Mention one of the main characteristics of an extrovert.
4- Mention one of the main characteristics of an introvert.
5- What do sportspeople need to stay motivated?
6- What are our duties towards the disabled?
7- What games would you advise introverts to play? Why?
Thy can play chess
8- How did Kuwait encourage the disabled to practise sports?
Kuwait. built a special club for thus
9- Which sports are more suitable for extroverts?

Unit (5) Sports Psychology: الوحدة الخامسة / روح رياضية

V-Writing

"Paralympics is a sport event that involves people with disabilities."

Plan and write an essay of not less than 12 sentences (140 words) about the importance of holding such events and the role of the society towards the disabled.

Outline

introduction.	
Hook: Have you ever thought about how can	
we halp the disabled?	
-Thesis: Paralympicscould be good become they	
give the disabled the chance to express	
Parag. 1:	æj
- We support them	
saise and teness.	
Parag. 2:	
- We must give them support	
- We must protect this rights	
We can help them live a better life.	
Conclusion:	
- By paralympics, and only by paralympics, we	••
Can help the disabled.	

Unit (5) Sports Psychology: الوحدة الخامسة / روح رياضية

Writing
help. the disabled ? In Knowit, we have a special
Clnbfor them Paralympics could be good, because
t. gives the disabled the chance to express themselves
First, holding persolympic events is important. For
example, we support them. They can feet that they
ollo mo su ettersol fortreg tostregui no ero.
relise awareness about their right.
Secondthe society has a rale in that For
example, we must give them full support we
thum to live a better life.
Finally we say that paralympics is
importantByparalympics, and onlyby
paralympks, we com help the disabled.

Unit (5) Sports Psychology: الوحدة الخامسة / روح رياضية Summary Making

<u>In four sentences of your own, paraphrase the following text in an answer to the question below:</u>

Regarded for thousands of years in the East as a key to good health, happiness, and wisdom, tea has caught the attention of researchers in the West, who are discovering the many health benefits of different types of teas. Studies have found that some teas may help with cancer, heart disease, and diabetes; encourage weight loss; lower cholesterol; and bring about mental alertness. Tea also appears to have antimicrobial qualities. Still, green tea appears to have the best health qualities. That is, green tea's antioxidants may stop the growth of breast, lung and stomach, cancers. It can improve cholesterol levels. Green tea may also reduce the risk of heart attacks. If taken moderately, green tea can act as a weight loss drink.

What are the health qualities of GREEN Tea?

Your answer should include the following 4 points:

- 1. It can stop the growth of breast, lung and stomach, cancers.
- 2. It can improve cholesterol levels.
- 3. Green tea may also reduce the risk of heart attacks.
- 4. If taken moderately, green tea can act as a weight loss drink.

VII- Translation (20m)

Translate the following into English: (10x2=20)

أحمد: هل تريد ان تشتري بيتا أم تريد ان تبني واحدا بنفسك؟

خالد: ليس هذا هو المشكلة، المهم أن يكون بيتا واسعا و قريبا من السوق.

كالماله المراب المالة المراب المراب المراب المراب المراب المراب المرب المرب

الوحدة السادسة / الطبيعة: Unit (6) Nature

Grammar

(Countable & Uncountable nouns / Present Perfect / Present Perfect Continuous)

A.	From	a,	b	, c	and	d	choose	the	correct	answer	:
----	------	----	---	-----	-----	---	--------	-----	---------	--------	---

1. How	roofs are there in	this building?	
a. much	b. little	c. many	d. few
2. Howluggage	do you have, sir?		
a. some	b. any	c. many	d. much
3. I need onlyar	nount of money, I have	2	
a. a littlesome	b. a fewany	c. muchmany	d. some few
4. I don't know	information about th	e accident.	
a. some	b. any	c. little	d. many
5. I need copies	of this books for my f	amily members, thre	ee or four.
a. much	b. many	c. few	d. little
From a, b, and c, choose	the correct answers a	s required:	
b. Our Institute has c. Our Institute will 2. My sister has been stud a. My sister has bee b. My sister has bee c. My sister has bee 3. I only need a (few) time	become famous since 198 become famous since 1 become famous since 2 ying medicine (since) 5 in studying medicine after studying medicine for studying medicine because to get ready.	4. 984. 1984. years. (Conter 5 years. or 5 years. efore 5 years.	errect)
c. I only need a much. 4. She (work) with us since a. She has been worked b. She has worked	ch time to get ready.	•	orrect)
b. How much stude c. How many stude	nts are there in your cla nts are there in your cla nts there are in your cla	ss?	estion) متوفر شرح جميع المواد عبر تطبيق سما ال

@Samakw_net

III-Language Functions: الوظائف اللغوية

Write what you would say in the following situations:
1. Your friend wants to know more information about new inventions.
you can ask Chat GPT / Search the Internet
2. My little brother always plays with a sharp knife.
That i dangerous
3. Your father bought you something. Guess what it is.
4. Your mum says that your neighbour's house was stolen last night.
I feel sorry for them
Set Book
Answer the following questions: 1. What benefits does Al-Jahra Pools Nature Reserve provide for the region?
It serves as a hang for the great
2. What makes Al-Jahra Pools Nature Reserve in Kuwait the best bird watching sites?
It hosts hundreds of birds
3. How can governments or the WWF prevent wildlife from destruction?
By building northonal reserves
4. How important do you think it is for countries to protect wild birds?
So that we can keep not won! beglance.
5. What has Kuwait done to protect wildlife?
Knwait brist a voture reserve
6. Why has Al Jahra Nature Reserve become an important sanctuary for birds and animals?
Its location serves a passage between Europe, Asia.
and Africa.
7. How does Al Jahra Pools Nature Reserve offer protection for birds?
It aires them find and shelter.

منصة سما التعليمية لشرح المواد الدراسية باحترافية عالية

Unit (6) Nature : الطبيعة Writing:

"Saving endangered species is a noble task"

Plan and write an essay of not less than 12 sentences (140 words), about the main dangers that face animals and birds worldwide and how to save endangered species.

Writing Plan

- Introduc	tion:
Hook	in Hans you ever thought about how to
	protect endangered animals.?
	i. Pratecting endangered animal it good to
	keep northered balance.
II- Body Pa	rag. no.1
Dan	gers & Cutting down trees
•••••	pillegal hunting
•••••	pollistion
III- Body Pa	arag. no. 2
A.woH	Save: build nature reserves
	plant more trees
IV-Conclus	sion:
IV-Conclus	
IV-Conclus	ion: whom = good antingantimatis,andontybyboutingantimatis,b

الوحدة السادسة / الطبيعة: Unit (6) Nature

Writing:

Howe you ever thought about how to protect
hodre thing and sur thought of themine bossedows
ALAbmad Watere Reserve Sowing sommals is god
to keep not more done
- First, there are many dangers tacing rare
animals. For example possion of the
-animals For example, people cut down trees which
are the habitest of these animals other people pratice
illegal hunting. follution is only another danger.
Second, we law some there was animals in many ways
for example, we can build nothing reserved. We can
-prot stat land Alson we must plant more trees.
- Einally we say that saving rare animals is
inportant By works eximals, and only by
- Janing animals, we can live.